

WHAT IS CLAIMED IS:

- 1 1. A portable device comprising:
  - 2 an attachment module for removably connecting to a wearer;
  - 3 a display module defining a window for displaying information, wherein said display module
  - 4 is extendably and retractably connected to said attachment module.
- 1 2. The device according to claim 1 wherein:
  - 2 said display module has a front cabinet, a rear cabinet, and a top cover; and
  - 3 said top cover defines a window for displaying information.
- 1 3. The device according to claim 1 further comprising:
  - 2 a button for illuminating a light acting on said information displayed in said window.
- 1 4. The device according to claim 1 further comprising:
  - 2 a button for changing a display mode of said information displayed in said window.
- 1 5. The device according to claim 1 wherein said information is displayed on an LCD display.
- 1 6. The device according to claim 1 wherein said window for displaying information is visible
  - 2 through said top cover.
- 1 7. The device according to claim 1 wherein:

2           one of said display module and said attachment module define a protrusion;

3           one of said display module and said attachment module define a receptacle shaped for mating  
4 engagement with said protrusion, said protrusion and said mating receptacle for substantially  
5 preventing relative movement between said display module and said attachment module when said  
6 display module and said attachment module are in a retracted position.

1   8. The device according to claim 1 wherein:

2           said display module defines a pair of line orifices for receiving a first cable and a second  
3 cable, wherein said first cable and said second cable retractably connect said display module and said  
4 attachment module.

1   9. The device according to claim 1 wherein:

2           one of said display module and said attachment module houses a spool for housing a cable  
3 when said display module and said attachment module are in a retracted position; and  
4           said spool is biased in a winding direction by a biasing member.

1   10. The device according to claim 9 wherein:

2           said spool simultaneously retracts or plays out a first cable and a second cable; and  
3           wherein said first cable and said second cable connect said display module and said  
4 attachment module.

1   11. A method of viewing a display of a portable device:

2           securing an attachment module to a wearer;  
3           grasping a display module and imparting a separating force to said display module to pull  
4   said display module away from said attachment module;  
5           playing out a line connecting said attachment module and said display module;  
6           viewing a display on said display module; and  
7           taking up said played out line upon returning said display module to a position proximate said  
8   attachment module wherein a biasing force maintains said display module in proximity to said  
9   attachment module when said display module is released by said wearer.

1   12. The method according to claim 11 wherein said step of playing out a line further comprises  
2   playing out two lines simultaneously.

1   13. The method according to claim 11 further comprising a step of substantially preventing relative  
2   lateral motion between said attachment module and said display module by engaging a protrusion  
3   on one of said attachment module and said display module with a receptacle on one of said  
4   attachment module and said display module wherein said protrusion and said receptacle engage in  
5   a mating relationship when said attachment module and said display module are in a retracted  
6   configuration.